

Element Natural Healing Arts

Client Information & Consent Form for Massage. This form must be completed and signed before receiving a massage.

Name _____ Tel. No (h) _____ (w) _____ (c) _____

Address _____ Apt _____ City _____ State _____ Zip _____

DOB ____/____/____ Occupation _____ Email _____

Emergency Contact Name _____ Phone No _____ Relationship to You _____

Referred by _____

General & Medical Information

Have you ever experienced a professional massage? Yes No How recently? _____

Do you have any of the following conditions? If checked () , please explain below as clearly as possible.

- Stress
- Allergies
- Contagious disease
- Diabetes
- Wear contact lenses
- Back pain
- Pregnant
- Cancer
- Cardiac or circulatory problems
- Arthritis
- Very sensitive to touch or pressure
- Frequent headaches
- Osteoporosis
- Epilepsy or seizures
- Bruise easily
- Joint swelling
- Varicose veins
- Depression
- Numbness or stabbing pains. Specify below.
- Tension or soreness in a specific area? Specify below.
- High blood pressure. If "yes", taking medication for this?
- Surgery in the past five years? Explain below.
- Accident or suffered any injuries in the past 2 years? Broken bones, etc.
- Other medical conditions not listed. Specify below.

Comment _____

Are you taking any medications (prescribed or over the counter)? If so, please give details.

Past surgeries? Please give details and dates.

I understand that the massage I receive is provided for the basic purpose of relaxation and relief of muscular tension. If I experience any pain or discomfort during the session, I will immediately inform the therapist so that the pressure and/or strokes may be adjusted to my level of comfort. I further understand that massage should not be construed as a substitute for medical examination, diagnosis, or treatment. I understand that massage therapists are not qualified to perform spinal or skeletal adjustments, diagnose, prescribe, or treat any physical or mental illness, and that nothing said in the course of the session given should be construed as such. Because massage should not be performed under certain medical conditions, I affirm that I have stated all my known medical conditions, and answered all questions honestly. I agree to keep the massage therapist updated as to any changes in my medical profile during the session and understand that there shall be no liability on the massage therapist's part should I fail to do so. I understand that any illicit or sexually suggestive remarks or advances made by me will result in immediate termination of the session. I also understand that the Licensed Massage Therapist reserves the right to refuse to perform massage on anyone whom he/she deems to have a condition for which massage is contraindicated. I understand that by signing this form, I give my consent to receive the treatment discussed in this and all future sessions and agree that my presence at subsequent sessions shall be construed to be validation of this written consent. I give my permission to share information regarding my therapeutic massage treatment with my health care provider.

Client Signature _____ Date _____